



GOTHIC MEDE ACADEMY NEWSLETTER

FRIDAY 11TH
SEPTEMBER



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PRINCIPAL'S UPDATE

Dear Parents/ Carers,



Welcome back! What a fantastic week it has been - it almost feels as though the Summer break never happened as our pupils have been on top form and settled beautifully.

We would like to extend a warm welcome to our new Reception classes and welcome you to the Gothic Mede family. We hope you have felt reassured this week as your children begin their story here with us at GMA.

Both Oak and Ash classes have been so impressive with how quickly they have found their feet and exploring what school life has to offer. As always, I have been told by several pupils, lunch is the best part of the day, closely followed by snack time and making friends.

There has been a lovely feel around the school and it is obvious that although the children are a bit more tired at school they are pleased to be back. We have very much enjoyed seeing their smiles and hearing about their holidays.

As we start the new year, please can you have a quick check to ensure your child's items are labelled. It is always easier to find the owner of a stray cardigan if there is a name. Additionally, we try to ensure that pupils have time outside whatever the weather so keep an eye on the forecast and send raincoats if needed. We will still be heading out at break if it is raining.

Have a lovely weekend.

Mrs Smith



OVERDUE LIBRARY BOOKS

There are still a number of library books that were not returned at the end of the last school year. Please, please can you have a look at home for any overdue books. Your child should give the overdue books to their class teacher. Thank you!



GMA-kitchen@bestacademies.org.uk

Please contact the kitchen directly for enquiries regarding school meals/payments etc

PLAYGROUND IMPROVEMENTS

Over the summer break the play equipment which has been a much-loved feature for many years has had a refurbishment. Roof panels and floor sections all replaced with specialised materials. Climbing wall replaced and new modern climbing wall blocks installed. New blue and white colour scheme added to wooden sections to protect the wood and brighten the structure up.

Our new addition to the playground has been completed. A 10-metre-long natural trim trail. GMA have worked with Wildwood UK (www.wildwooduk.com) to design a bespoke play area following consultation with the children on the school council and Mrs Smith. We hope this space will be a multi-functional play area for all ages giving opportunity for creative play along with energetic endeavours for those who can't wait to challenge themselves to navigate the trail.

Our Gothic Mede name has been captured in a mural carved into the poles. 'Gothic Mede' means Gothic Meadow so it is likely a monastery or religious building once stood in Arlesey and we know that the area our school was built on was once the 'meadow' of Gothic Farm which still stands on the high street. Therefore, our mural shows the Gothic arches across the top with meadow flower at ground level.

We are now just waiting for the grass seed around the base to establish (another week of good weather will help) before the children will be able to enjoy it.



WE'RE ON INSTAGRAM!

Keep up to date with all the exciting things happening at Gothic Mede by following us on Instagram!

@gothicmedeacademy

Allie from Mindful Magic now has availability for 1-to-1 sessions during the school day.

If you feel that this type of support could benefit your child, please contact Allie directly for further information or to discuss availability.
mmcentralbeds@gmail.com

One to one Mindful Magic sessions at Gothic Mede Academy during the school day



Mindful Magic introduces children to mindfulness in a fun way, with games, books and crafts. The activities we do together help children to name, understand, explore and accept their feelings, as well as practice calming strategies for their difficult emotions.

As well as holding Mindful Magic after-school clubs for Year 2, 3 and 4, I also hold one to one sessions during the school day. These are available for any age, and ideal for children who need a little extra support. These sessions are 45 minutes long, once a week and during the school day, usually the afternoons.

Within our time together, I introduce children to mindfulness, as well as focusing in on specific areas, tailored to each individual child and their needs.

Some examples of areas we can focus on are- support with their strong emotions, self-esteem, anxiety surrounding school, transitions or changes happening in their lives. On booking we will have a chat so that I can understand as much as possible about your child before meeting them.



Allie
Mindful Magic Mentor

There is often a waiting list for these sessions but a couple of spaces are currently available. Get in touch with me directly if you are interested, by emailing me at:

mmcentralbeds@gmail.com

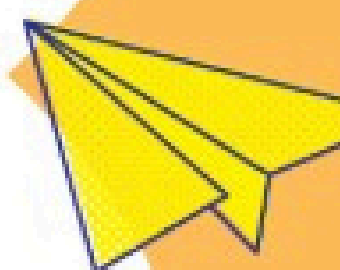
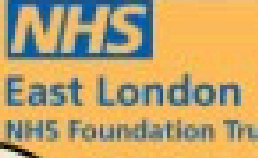
**£20 per 45 minute session
Sessions held once a week,
booked and paid for as a half term block**

UPCOMING EVENTS

We would like to let all our Year 4 parents know about an upcoming Transition Workshop at Roecroft Lower School.

This session is designed to help parents and carers navigate the transition to secondary school, provide useful information and guidance, and help ease any worries or concerns you or your child may have.

It will be a great opportunity to find out more, ask questions and feel more confident about this important next step.



Y4 TRANSITION PARENT WORKSHOP

23RD SEPTEMBER 2026

4-5 PM

Roecroft Lower School
Buttercup Road,
Stotfold

Understanding transitions, easing worries, and progressing together

This workshop is available for all parent/carer's across the schools in the area - to book your place, please email n.wood18@nhs.net



GOTHIC MEDE ACADEMY

Pride in ourselves, pride in our school, pride in our community

OPEN EVENING



7TH OCTOBER

5PM - 6:30PM

Choosing the right school for your child is an important decision.

Join us at our Open Evening to explore our vibrant learning environment, meet our dedicated staff, and find out what makes Gothic Mede such a special place to learn and grow.



Gothic Mede Academy
High Street, Arlesey, Beds, SG15 6SL
01462 732002
gothicmede.org.uk



We are delighted to invite all current and prospective parents and carers to our Open Evening on Wednesday 7th October, from 5:00–6:30pm.

This is a fantastic opportunity to:

- Tour our school and explore our learning environment
- Meet our wonderful staff
- Find out more about what our school has to offer
- Ask any questions you may have

Whether your child already attends Gothic Mede Academy or you are considering joining us, we would love to welcome you and give you a chance to see what makes our school so special.

Autumn Term Diary Dates

14.09.2026	Meet the Teacher 3:30pm - Year 1
15.09.2026	Meet the Teacher 3:35pm - Year 4
16.09.2026	Meet the Teacher 3:25pm - Year R
17.09.2026	Meet the Teacher 3:30pm - Year 2
18.09.2026	Meet the Teacher 3:35pm - Year 3
30.09.2026	Individual School Photos
01.10.2026	SEND Coffee Morning 9:00 - 10:00am
07.10.2026	School Open Evening 5:00 - 6:30pm
07.10.2026	Harvest Festival (staff and children only) - Children can bring in donations for the <u>Need Project</u>
19.10.2026	Acorn A Let's Read Together Parents session
22.10.2026	Acorn B Let's Read Together Parents session
23.10.2026	Parent coffee morning - all welcome
26.10.26 - 30.10.26 Half Term Break	

We also have a very exciting guest visiting Gothic Mede on Wednesday!
We can't wait to welcome them to school and we're sure it's going to be a very special day for our children!
Can you guess who it might be?