



GOTHIC MEDE ACADEMY NEWSLETTER

FRIDAY 19TH JUNE



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PRINCIPAL'S UPDATE

Dear Parents/ Carers,

As we move further into the Summer term, staff are busy working on arrangements and activities in preparation for step up day on the 3rd July. We are working closely with our local schools, to ensure our leavers are well prepared for their next steps into the wider world.



For our children at GMA, transition work has already begun. Over the next two weeks, teachers will be visiting classes, getting to know their pupils and spending some time building relationships. We will also be offering an opportunity to meet your child's next teacher and visit their new classroom on our open evening on the 8th July.

Have a lovely weekend.

Mrs Smith

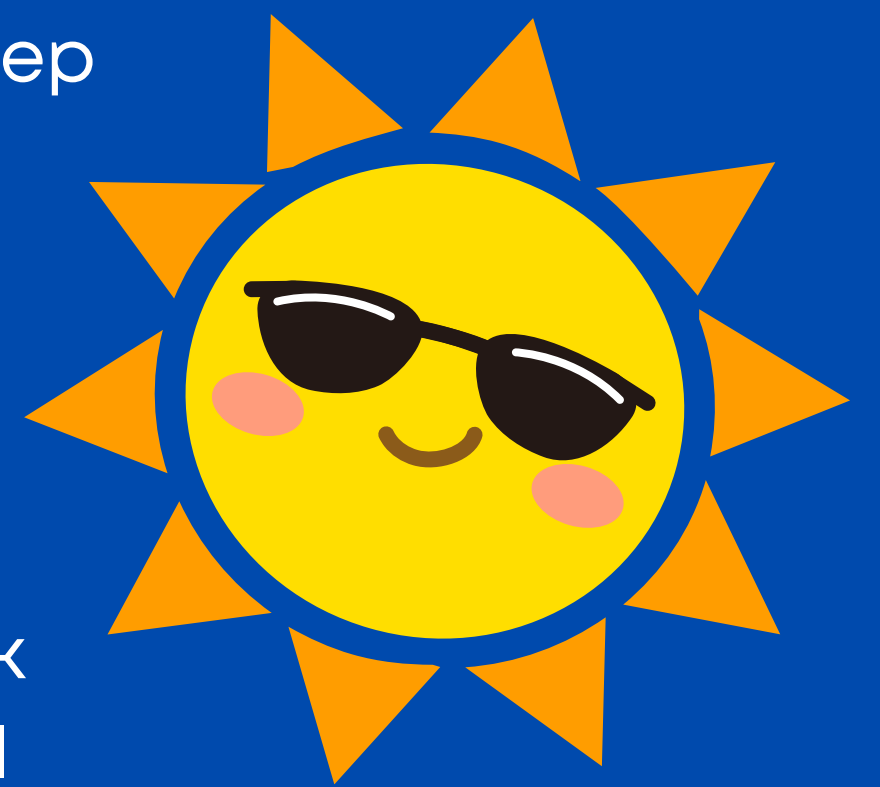
WARM WEATHER

With the warm weather forecast for next week, we wanted to let you know the measures we will be taking to help keep children safe and comfortable during the school day.

Please ensure your child comes to school with:

- A named water bottle
- A named sun hat or cap
- Sun cream applied before school

Throughout the day, staff will encourage children to drink plenty of water and provide regular opportunities to refill water bottles. We will adapt outdoor activities as necessary to avoid strenuous exercise during the hottest parts of the day.




Wellbeing WEEK


22ND-26TH JUNE

Next week we will be celebrating Wellbeing Week at Gothic Mede. Each child will receive a leaflet containing a range of activities and ideas designed to support and improve their wellbeing. The activities will encourage children to take time to focus on their own wellbeing, while also considering how they can positively support the wellbeing of others. We hope these simple challenges will promote kindness, mindfulness and healthy habits both at school and at home.

BE ACTIVE




- ☆ Play outside for 1 hour
- ☆ Dance to your favourite song!
- ☆ Ride your bike or scooter




- ☆ Stretch your body when you feel tired
- ☆ **Class activity:** Try an online [yoga/ exercise video](#) (5 mins)

GIVE

- ☆ Offer to help out with a job at home
- ☆ Do something kind for somebody else
- ☆ Give someone a smile to make them feel happier



- ☆ Share your snack or stationary with someone
- ☆ Thank an adult who helped you
- ☆ **Class activity:** Share one GIVING activity you did today




WELLBEING WEEK

Monday 22nd - Friday 26th June 2026

A week of activities inspired by the '5 Ways To Wellbeing'

BE ACTIVE
LEARN


GIVE

NOTICE

CONNECT

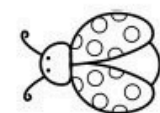
Choose **ONE** activity each day and COLOUR IN THE STAR when you complete it!

Name: _____

NOTICE




- ☆ Notice your mood twice today
- ☆ Listen to the birds singing
- ☆ Eat a snack slowly and notice every flavour
- ☆ Name 3 things that made you happy today




- ☆ Notice an act of kindness by someone else
- ☆ **Class activity:** Try a mindful activity in class (colouring, [meditation](#), [relaxing music](#))

CONNECT




- ☆ Invite somebody new to join your game
- ☆ Ask an older family member to tell you a story about when they were young
- ☆ Tell someone at home what you are proud of doing today




- ☆ **Class activity:** Write a thank you card to someone you are grateful for

LEARN



- ☆ Learn a new skill (dance, a game, baking, sport)
- ☆ Choose a new book to read
- ☆ Find a fun fact about animals or space or anything you like!



- ☆ Ask a question to help you learn better
- ☆ **Class activity:** Watch this [video](#) about neuroplasticity

To round off the week, on Friday 26th June, we will be holding a

Non-uniform Day,

where children are invited to come to school wearing clothes that make them feel happy. Plus we have a

MOVIE NIGHT

If you would like your child to attend, please make payment (£4) via MCAS.



EVENTS

On Monday 29th June, the Mental Health Support Team will be visiting Gothic Mede to host a 'Support with Transition' session. This session is designed to offer help and advice to parents and carers whose children need support with change or transition, such as moving year groups or starting a new school.

If you would like to attend the session, please complete the Google Form, by clicking on the link - <https://forms.gle/7nW7nwgoYbVi5QPq8>

We're looking forward to our Summer Fete on Saturday! Here are the timings for the day.

SUPPORTING YOUR CHILD WITH TRANSITIONS
Moving up and moving on
Monday 29th June
9am

with the community access service Sandy mental health support team (MHST)

WHEN THINGS CHANGE, WE CAN ALL WORRY AND FIND IT DIFFICULT TO MANAGE THESE WORRIES. COME ALONG TO THIS WORKSHOP AND FIND SOME STRATEGIES TO SUPPORT YOUR CHILD WITH UPCOMING CHANGES.

@ Gothic Mede
Lower School

Gothic Mede Academy
SUMMER FETE
Saturday 20th June
11am - 2pm
MAIN ARENA SCHEDULE

- 11.15 - Fun & Games
- 11.30 - BX Dance
- 12.00 - Soak a teacher
- 12.15 - KatsAct
- 12.45 - Fun & Games
- 1.00 - Pix Brook Choir

Plus many more attractions!
FREE ENTRY

JOIN US FOR LOTS OF FUN! DOGS WELCOME!

GMA SPORTS DAY

ACORN A	MONDAY 29 TH JUNE AT 2:30PM
ACORN B	THURSDAY 2 ND JULY AT 2:30PM
RECEP - YR 4	THURSDAY 9 TH JULY AT 1:30PM



GOTHIC MEDE ACADEMY

Pride in ourselves, pride in our school, pride in our community

OPEN EVENING



8TH JULY 2026

5PM – 6:30PM

Choosing the right school for your child is an important decision.

Join us at our Open Evening to explore our vibrant learning environment, meet our dedicated staff, and find out what makes Gothic Mede such a special place to learn and grow.



Gothic Mede Academy
High Street, Arlesey, Beds, SG15 6SL
01462 732002
gothicmede.org.uk



We are excited to welcome both our current and prospective families into school on Wednesday 8th July for our Open Evening.

For current families, this is a wonderful opportunity for children to meet their teacher for the next academic year and spend some time in their new classroom.

Prospective parents and carers are warmly invited to tour our school, meet members of our team, and find out more about what makes Gothic Mede special.

We have extended an invite to our local secondary schools who are hoping to attend.

◆ 01462 732002

◆ High Street, Arlesey, SG15 6SL

◆ GMA-Office@bestacademies.org.uk

PRINCIPAL'S AWARD

Children are nominated by their teachers for a Principal's Award in recognition of an exceptional achievement or for demonstrating one of our school values.

Award recipients are presented with a certificate during our weekly Celebration Assembly which takes place every Monday. This is a wonderful opportunity to recognise and celebrate the hard work, positive attitudes and achievements of our pupils.



ASH	Ehron	for the fantastic effort he has made in phonics this week and the care and pride he has taken with his handwriting.
OAK	Ruby	for the brilliant effort she puts into all of her work and for the kindness and compassion she shows to all her friends.
BEECH	Paige	for her fantastic effort in maths when investigating numbers to 100.
ELM	Finley	for showing lots of determination in phonics. Finley has worked hard to improve his sound knowledge.
MAPLE	Peyton	for a huge improvement with her sentence writing
WILLOW	Ruairi	for his amazing effort in reading comprehension. Ruairi worked hard to read the text carefully and look for evidence to help answer the questions.
SYCAMORE	Reggie	for his excellent work on shape in Maths. Reggie has worked particularly hard to draw acute, obtuse and right angles, and parallel and perpendicular lines neatly.
CHESTNUT	Ato	for supporting his own and the learning of others by explaining his thinking and how he reaches his answers in maths.
ROWAN	Oscar	for his sophisticated and skillful use of imagery when writing a poem.

DATES FOR YOUR DIARY - NEW DATES ADDED!

Monday 22 nd June	World Wellbeing Week
Friday 26 th June	Non-Uniform Day
Friday 26 th June	Movie Night (Reception - Yr 4)
Thursday 25 th June	Governors Day - pupils to wear PE Kit
Monday 29 th June	Acorn A Sports Day 2:30pm
Tuesday 30 th June	Year 3 Roman Workshop
Thursday 2 nd July	Acorn B Sports Day 2:30pm
Friday 3 rd July	Transition Day / Step up Day
Tuesday 7 th July	Year 3 Faith Tour
Wednesday 8 th July	Piano Performance Assembly
Wednesday 8 th July	Open Evening
Thursday 9 th July	Reception - Year 4 Sports Day 1:30pm
Wednesday 15 th July	Acorn Summer Party - Safari Stu
Wednesday 15 th July	Year 4 Leavers Party
Friday 17 th July	Year 4 Leavers Assembly 9:15am
Friday 17 th July	Last day of term

SUMMER HOLIDAY CLUB



SUMMER HOLIDAY CLUB

Loads of activities. Tonnes of fun
For children aged 4-12.



BOOK TODAY!

Happy Kids. Healthy Futures. Holiday clubs | Wraparound care

YOUR NEAREST HOLIDAY CLUB...

HENLOW ACADEMY,
HENLOW,
SG16 6AN

TIMES:
9:00 - 3:30pm

AGES:
Reception - Year 7

DATES:
20th July - 28th July

LABURNUM PRIMARY,
SANDY,
SG19 9HQ

TIMES:
9:00 - 3:30pm

AGES:
Reception - Year 7

DATES:
20th July - 28th July

LAWNSIDE ACADEMY,
BIGGLESWADE,
SG18 0LX

TIMES:
9:00 - 3:30pm

AGES:
Reception - Year 7

DATES:
10th Aug - 20th Aug



The summer holidays are coming.
Thankfully, Premier Education holiday clubs are too!
Kids moving. Confidence growing.
Dozens of activities. Tonnes of fun.
And your childcare worries? Sorted.

Book now for a holiday full of excitement!

Contact us: office-11@premier-education.com

CLUBS ARE BETTER WITH FRIENDS!



TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

*Ts&Cs apply. Refer a friend discount on new bookings only.

From ~~£39.00~~
£31.20
before 29th June



Excellent
★★★★★
★ Trustpilot