



GOTHIC MEDE ACADEMY NEWSLETTER

FRIDAY 26TH JUNE



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PRINCIPAL'S UPDATE

Dear Parents/ Carers,

It has been a hot and sweaty week for us all and I'm sure we are all looking forward to the temperature dropping over the next week.



Although the heat hasn't been ideal, it has allowed for some light hearted fun with children, which is always welcome, and breaks up the long summer term. We have seen children enjoying cool water mist, having foot baths during mindfulness sessions and obviously ice poles to help cool them down.

It is always the days that are out of the ordinary which children will remember for years to come. So, while we have been hot and perhaps a bit tired, we have made memories and enjoyed a bit of down time during this busy term.

Thank you for your support, patience and understanding this week. We hope the children have enjoyed it.

Have a lovely weekend.

Mrs Smith



During the current high temperatures, the children have been spending more time indoors during break times to keep cool. This is also the case during wet playtimes throughout the year. To help keep the children entertained, we would be very grateful for any donations of board games/card games that are in good condition and suitable for primary-aged children. These will provide the children with fun opportunities to play together. If you are able to donate any, please bring them to the school office, thank you!

Wellbeing WEEK

22ND-26TH JUNE

We have had a lovely week embracing Wellbeing Week at Gothic Mede.

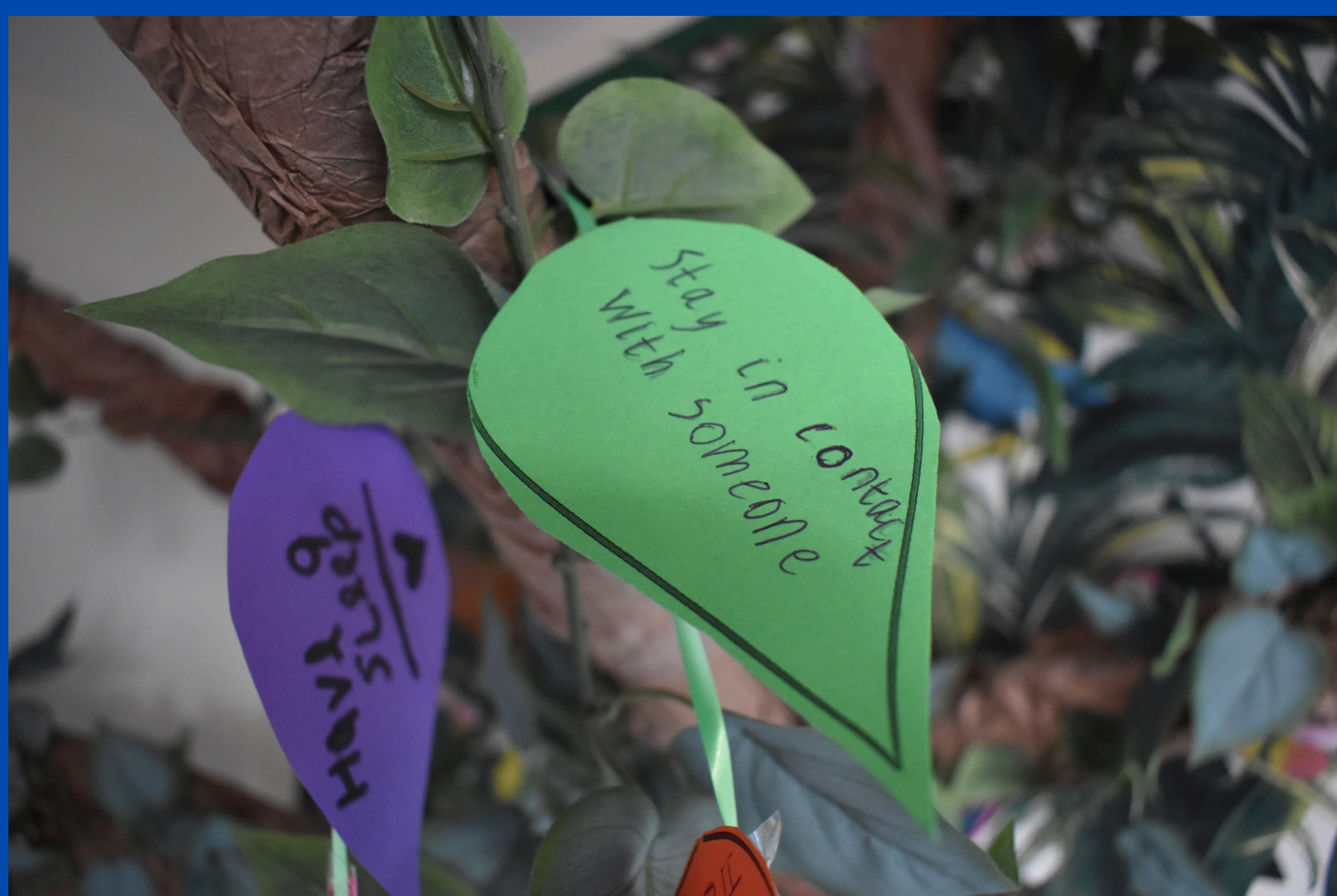
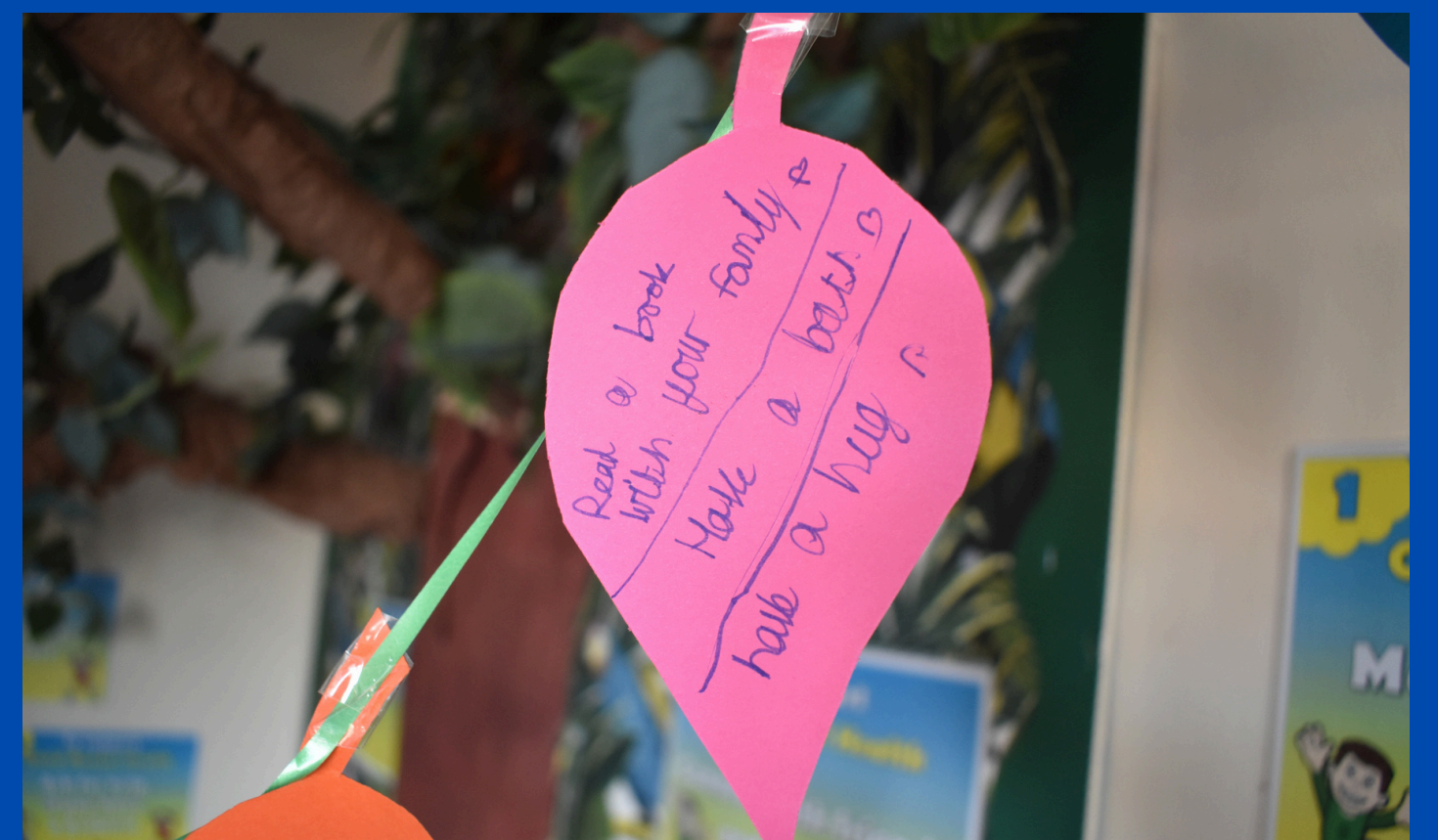
The warm weather did have an impact on some of the activities we had originally planned, but we adapted where necessary and still managed to enjoy a fantastic week focused on wellbeing, kindness and positive mental health. The children have taken part in a variety of activities designed to help them look after their own wellbeing and support those around them.

Nursery and Reception had a wonderful time taking part in a lively session with Sarah from Disco Ducks.

Using a combination of music, movement and props, the session encouraged the children to develop their rhyme and coordination in a fun and engaging way.

The children thoroughly enjoyed joining in with the songs and activities, and it was fantastic to see so many smiling faces throughout the session.

Elm class enjoyed a wonderful and grounding Wellbeing Week, focusing on activities that nurture the mind, body, and connection. The week began on Monday with the children sharing their favourite stories from home, followed by a reflective Tuesday where they thought about personal tools for self-care. On Wednesday, they explored mindful creativity by painting watercolour rainbows. On Thursday they enjoyed a relaxing film afternoon alongside the school governors, and the week wrapped up on Friday with a calming yoga session to help the children stretch, breathe and feel present.



Year 2 have been exploring different ways to support and nurture their mental health, learning that there are lots of simple strategies they can use to help themselves feel happy and calm. They then created colourful bunting for our Wellbeing Tree, sharing their own ideas and reminders of the things they can do to look after their mental wellbeing.

This week, Rowan children took part in a beautiful wellbeing activity centered around friendship and belonging. The children were asked to reflect on and write down some of their favorite things, ranging from their absolute favorite books and foods to their favorite comforting smells. Afterward, they became "connection detectives," sharing their lists with one another to see what they had in common. The energy in the room was fantastic! It was wonderful to watch the children realise just how much they have in common particularly with those they might not normally play with at break time. We hope this activity reminds them that we are all connected in surprising ways, helping to build an even kinder, more inclusive school community.



The children in Year 3 explored the importance of healthy eating through a practical Design and Technology lesson. They learnt essential food preparation skills, including safe cutting and peeling techniques, before researching recipes that use fresh, seasonal ingredients. The children demonstrated excellent responsibility when using the equipment, and we were very impressed with how sensibly they worked. Learning how to prepare healthy meals and make nutritious food choices is an important part of looking after our wellbeing. The children thoroughly enjoyed developing these valuable life skills while discovering how healthy eating can help us feel our best.

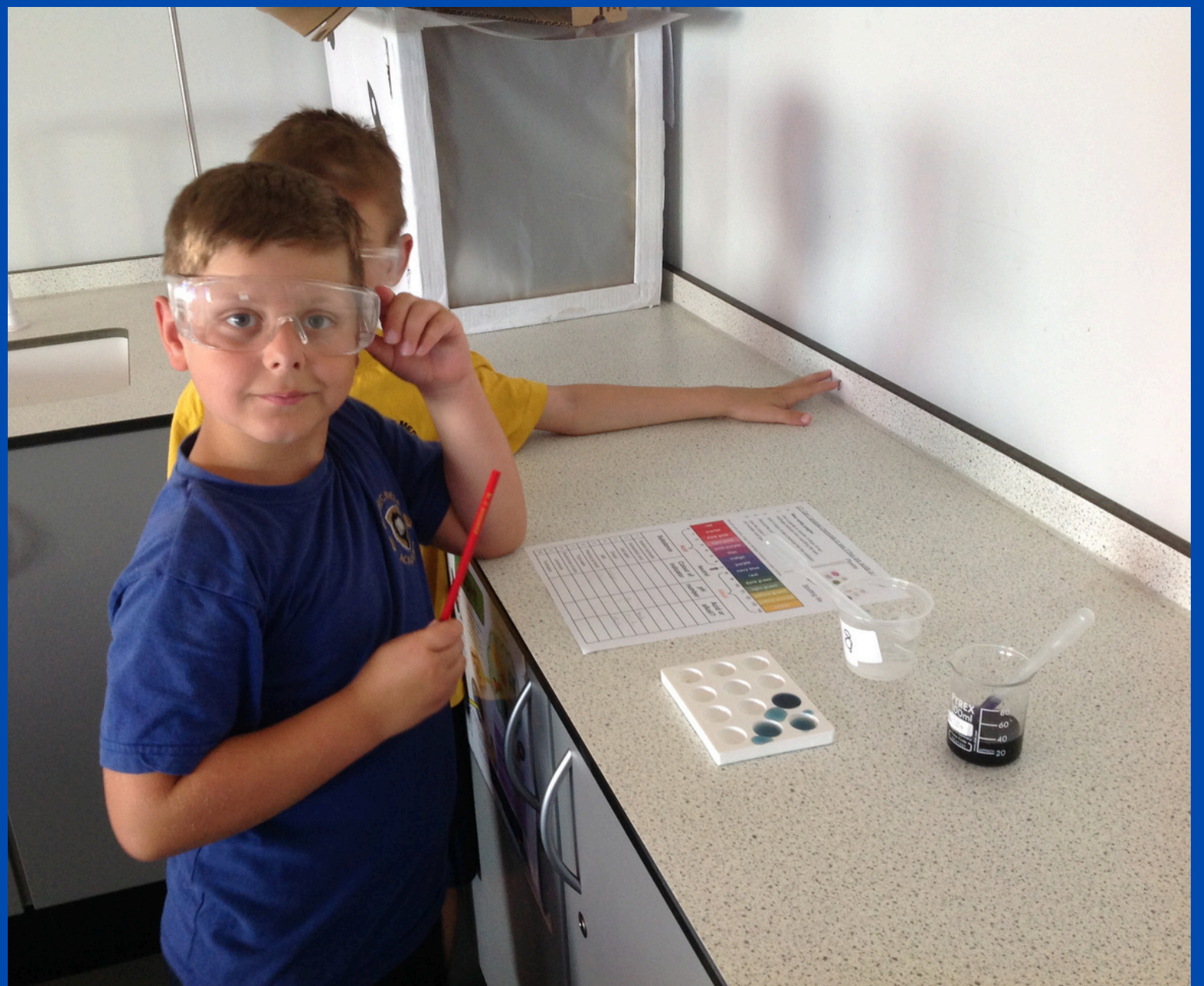
ETA SPORTS EVENT

Last Friday, our Year 4s attended the Etonbury Sports morning. All the feeder schools were invited and the children competed against St. Mary's, Fairfield Park and Roecroft in a carousel of sporting activities including 'beat the keeper', 'crazy catch' and basketball. We were very proud of our pupils, who showed great team-work and sportsmanship, despite the heat. Our 'Star Performers', selected by the Etonbury teachers, were Bobby and Cairo.



SCIENCE WORKSHOP

Our Year 3s thoroughly enjoyed their Science Taster workshop at Pix Brook Academy this week. The children had great fun testing substances to see if they were acid, alkali or neutral. A huge thank you to Mr Hills and the team for the workshops - we loved them!



Year 3 have been creating models of 3D shapes as they further their investigation into faces, edges and vertices. The children worked brilliantly together to create some superb shapes... including a octagonal prism!



TRANSITION SUPPORT

On Monday 29th June, the Mental Health Support Team will be visiting Gothic Mede to host a 'Support with Transition' session.

This session is designed to offer help and advice to parents and carers whose children need support with change or transition, such as moving year groups or starting a new school.

If you would like to attend the session, please complete the Google Form, by clicking on the link - <https://forms.gle/7nW7nwgoYbVi5QPq8>

Please arrive via the main office entrance straight after drop off.



CONGRATULATIONS

Many congratulations to the fantastic Miss Phillips for completing her Level 3 qualification as an Early Years Educator and passing with a distinction. We are so proud of her!

STIKINS

With the school year almost over, it's soon time for new uniform! Stikins are the perfect way to tag all your kids' belongings and avoid lost property! These labels are perfect for uniforms, lunchboxes, shoes and water bottles.

Gothic Mede Academy is now registered with Stikins, so when you purchase, the school earns 30% commission. Our fundraising number is - 8208

Visit - <https://www.stikins.co.uk/>

All Stikins labels are sent out with full instructions for use and are sent out the next day by first class post.

EVENTS

We are excited to welcome both our current and prospective families into school on Wednesday 8th July for our Open Evening.

For current families, this is a wonderful opportunity for children to meet their teacher for the next academic year and spend some time in their new classroom.

Prospective parents and carers are warmly invited to tour our school, meet members of our team, and find out more about what makes Gothic Mede special.

We will also be hosting staff members from both Etonbury and Pix Brook Academy. Both schools are part of the BEST trust and where our pupils go on to continue their education.

Due to the current high temperatures we have made the decision to postpone our movie night until Friday 3rd July.

If you have already bought your ticket, this will be carried over until next week. If you need a refund then please contact reception.



GOTHIC MEDE ACADEMY
Pride in ourselves, pride in our school, pride in our community

OPEN EVENING



8TH JULY 2026
5PM – 6:30PM

Choosing the right school for your child is an important decision. Join us at our Open Evening to explore our vibrant learning environment, meet our dedicated staff, and find out what makes Gothic Mede such a special place to learn and grow.

Gothic Mede Academy
High Street, Arlesey, Beds, SG15 6SL
01462 732002
gothicmede.org.uk



PFGM
Parents & Friends
of Gothic Mede

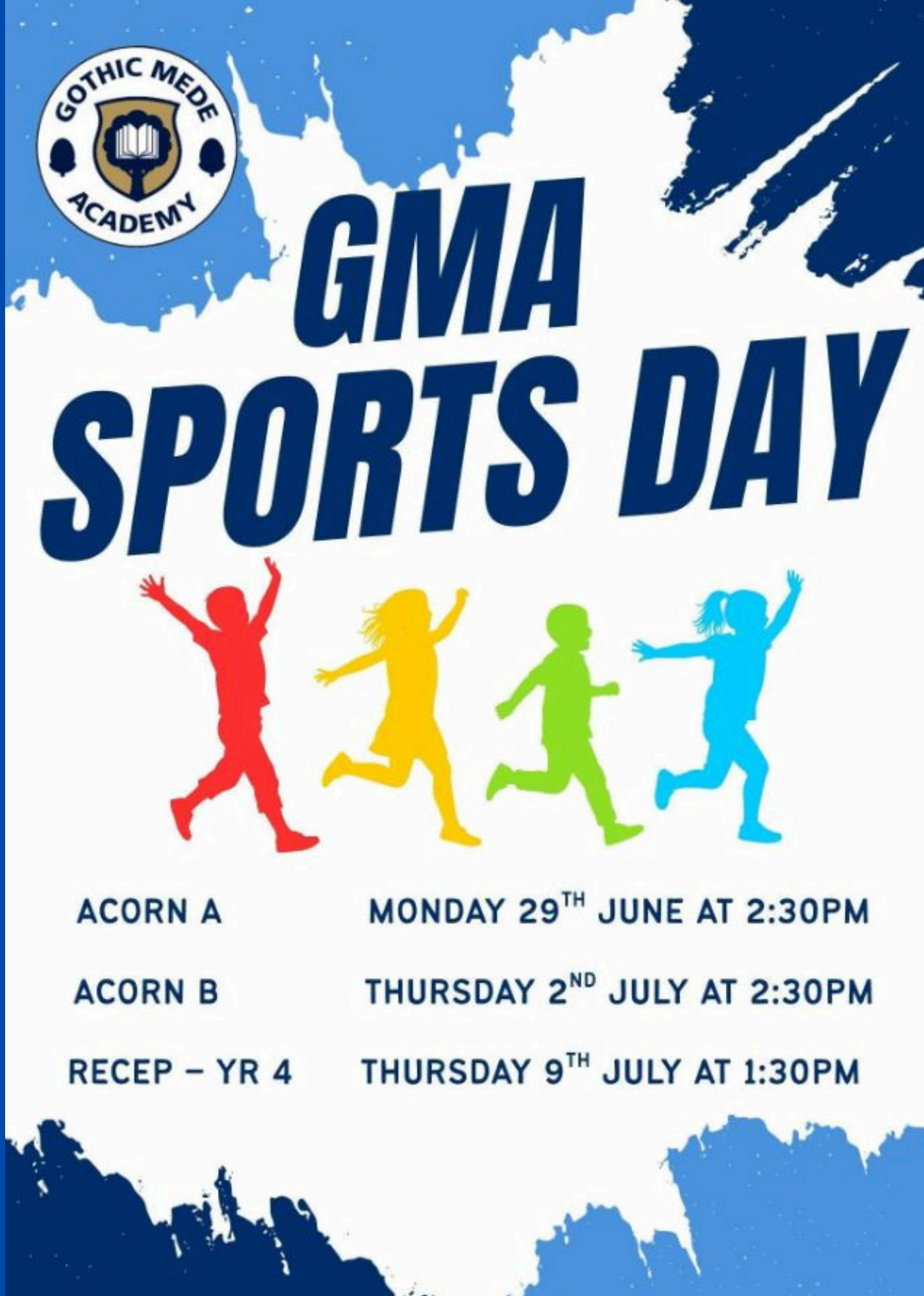
PRESENTS

MINIONS

POSTPONED

Parentkind
Member Association

FILM NIGHT



**GMA
SPORTS DAY**

ACORN A	MONDAY 29 TH JUNE AT 2:30PM
ACORN B	THURSDAY 2 ND JULY AT 2:30PM
RECEP – YR 4	THURSDAY 9 TH JULY AT 1:30PM

PRINCIPAL'S AWARD

Children are nominated by their teachers for a Principal's Award in recognition of an exceptional achievement or for demonstrating one of our school values. Award recipients are presented with a certificate during our weekly Celebration Assembly which takes place every Monday. This is a wonderful opportunity to recognise and celebrate the hard work, positive attitudes and achievements of our pupils. Pupils from this week will receive their certificate next Monday due to a postponed assembly



ASH	Sam	Sam has shown wonderful manners, holding doors and saying please and thank you, particularly over lunchtimes.
OAK	Olivia	for hard work and determination in fine motor and handwriting sessions.
BEECH	Max	for the fantastic effort he has put into his writing and maths this week. Max has used a range of adjectives in his writing and investigated different coins in maths lessons.
ELM	Abi	for always showing a caring attitude. Abi is so kind and offers to help others.
MAPLE	Ted	for his hard work, determination and success in maths
WILLOW	Lily	for her excellent effort in Geography where we have been learning and food and the journey it goes on to get to our plates. She was an excellent role model on our tour of the school kitchens.
SYCAMORE	Ada	for her mature attitude and insightful reflections when considering her progress and achievements over the year during report writing.
CHESTNUT	Layla	for living the value of responsibility and showing compassion to everyone around her offering help when needed and even extending it to our tomato plants and caterpillars to ensure they stay healthy and checked upon.
ROWAN	Isla	for her excellent work in a range of subjects including mathematics, English and art.

DATES FOR YOUR DIARY – NEW DATES ADDED!

Monday 29 th June	Acorn A Sports Day 2:30pm
Tuesday 30 th June	Year 3 Roman Workshop
Thursday 2 nd July	Acorn B Sports Day 2:30pm
Friday 3 rd July	Transition Day / Step up Day
Friday 3 rd July	Movie Night
Tuesday 7 th July	Year 3 Faith Tour
Wednesday 8 th July	Piano Performance Assembly
Wednesday 8 th July	Open Evening
Thursday 9 th July	Reception – Year 4 Sports Day 1:30pm
Wednesday 15 th July	Acorn Summer Party – Safari Stu
Wednesday 15 th July	Year 4 Leavers Party
Friday 17 th July	Year 4 Leavers Assembly 9:15am
Friday 17 th July	Last day of term

SUMMER HOLIDAY ACTIVITIES



Children's Holiday Activities 2026

We are offering 4 different activities both in the Mill and the Nature Reserve.

For children from aged 6 to 11 years.	£5 per child. (Pond Dipping £4) Sessions must be pre-booked.	Children must be accompanied by an adult.
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We offer a morning or an afternoon session for each activity:

Morning:

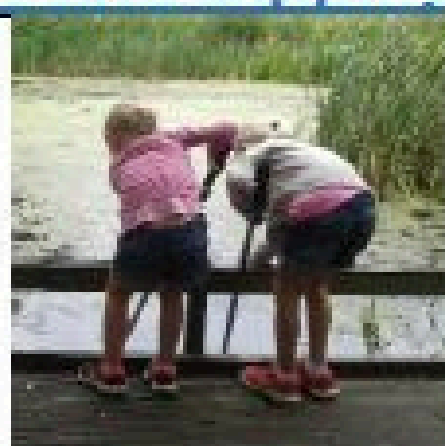
10.00 a.m. - 12.00 noon

Afternoon:

1.30 p.m. - 3.30 p.m.

Pond Dipping

Tuesday 28th July



Marvel at the fantastic life which lurks in and around the different ponds in the Nature Reserve.
All equipment provided.

Kitchen Science

Tuesday 4th August



Experiment! Explore! Explode! Discover what can be done using everyday objects and materials.
See how high a water rocket will go!

Skull Island Adventure

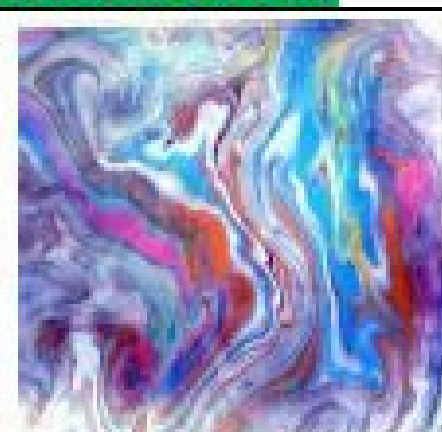
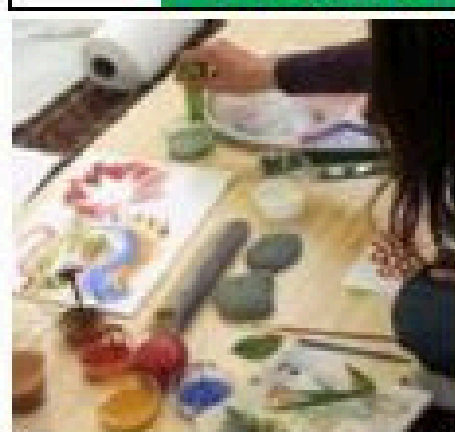
Tuesday 11th August



Be an explorer using mapping symbols.
Work out the pirates' code.
Find where they have hidden their treasure!

Printing Workshop

Tuesday 18th August



Be creative and learn some great printing skills. Be as "messy" as you like using a variety of materials!
Create unique patterns.

For further details please go to: www.stotfoldmill.com **Events – Children's Activities**