

Dear Parents / Carers,

What a busy week it has been! We have seen some excellent independent writing across all our classes which relate to the texts each class has read.

I have been so impressed with the handwriting and creative ideas the children have come up with. We definitely have some budding writers here at Gothic Mede. Have a wonderful weekend! Mrs Smith

YEAR 4

The children in Rowan Class have all been working enthusiastically and with determination on their independent writing based on *The Iron Man*, a classic science-fiction adventure written by Ted Hughes. They have been particularly excited to have the opportunity to read their stories to children in our reception classes, Ash and Oak.

SEN COFFEE MORNING

10th FEBRUARY 9am – 10:30am

We would like to invite all parents and carers to our upcoming SEN Coffee Morning, where our Mental Health Team will be joining us.

During the session, the team will share helpful information about emotional regulation and practical strategies to support children. This is a great opportunity to learn more about how to help children develop positive coping skills.

HEALTHY PACKED LUNCHES

As we start the new term, we wanted to share with our families some simple and nutritious lunchbox ideas. A healthy lunch helps children stay focused, energised, and ready to learn throughout the day. Here are some easy ideas to help keep lunches balanced and appealing:

- **Sandwich options** – sandwiches, wraps, pitta pockets, crackers
- **Fresh fruit and vegetables** – apples, sliced grapes, carrot sticks, cucumber, cherry tomatoes
- **Healthy snacks** – yoghurt, rice cakes, oat bars (nut-free please), raisins, cheese, biscuit, fruit sticks
- **Hydration** – water is always the best choice

Try mixing and matching different items to keep things varied and exciting. Involving children in choosing or preparing their lunch can also encourage healthier eating and make lunchtime more enjoyable. Thank you for your continued support in helping promote healthy eating across our school!



BROMCOM / DINNER PAYMENTS

Following on from the current dinner payments that are on ParentMail for dinners (19th – 23rd), all future dinner payments must be paid via Bromcom. Instructions for parents will be sent out next week. Also, a reminder that if you have not yet registered to use Bromcom you need to do this by next Friday 23rd, otherwise you will not receive any information and will not be able to make any future payments.



Golden Book

Children are nominated by Teaching Assistants and Teachers for a Principal's award which is entered in the Golden Book. The award can be for living one of our Values or special achievement. Sporting awards/achievements gained through a regular commitment to a club or group are also celebrated.

- Ash** Brooklyn for working so hard in his phonics group this week, we are so proud of the effort he is putting into learning his sounds!
- Oak** Future for his hard work in phonics sessions. He is working hard to hear all the sounds in words and represent them all when writing them. Well done
- Beech** Maryrose for her effort and enthusiasm during art when investigating primary and secondary colours.
- Elm** Phoebe for showing great engagement during Maths. This week, Phoebe was able to identify how many tens and ones were in numbers to 20.
- Willow** Max for taking lots of pride in his Great Fire of London comic strip, he took lots of care over his drawings and wrote sentences to show the correct order of the events.
- Maple** Ted for his problem solving and engagement in maths lessons and identifying and correcting mistakes independently.
- Chestnut** Mila for her determination to overcome challenges and keep trying with things that may be difficult.
- Sycamore** Yasmin for her careful observational skills when sketching plants in Art. Yasmin identified the basic shapes within the plants and created an excellent sketch.
- Rowan** Jack for his effort to include engaging vocabulary in his independent writing.

CELEBRATIONS

- Seb (Sycamore) Taekwondo student of the year trophy
- Ada (Sycamore) Gymnastics certificate and medal
- Mila (Chestnut) Gymnastics certificate and medal
- Karina (Chestnut) Gymnastics certificate and medal

On Friday 29th January, we will hold our first **Parent Partnership Group meeting**. If you are interested in supporting the school through working parties and fundraising ideas pop along to the hall after morning drop off. Tea and cake will be provided.

UPCOMING EVENTS

FRI 23RD JAN	Number Workshop (Ash & Oak)
FRI 6TH FEB	Number Day
FRI 6TH FEB	Year 2 Assembly – 2:30pm

FROM THE KITCHEN

THANK YOU to everyone who supported our census lunch this week. We had lots of children opt for a school dinner, which will benefit our funding allocation.

<https://www.gothicmede.org.uk/schoolmeals>

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