



Newsletter No. 4

Pride in ourselves, pride in our school, pride in our community.

Friday 31st January



YEAR 3

On Monday, the Year 3 pupils welcomed the opportunity to share an aspect their learning with their parents and carers at their year group assembly. The theme of the assembly was mindfulness.

Last term, Year 3 benefited enormously from weekly mindfulness sessions presented by Will George as part of the Mindfulness in Schools Project in partnership with BEST.

During their assembly, the children of Chestnut and Sycamore classes shared their knowledge about the workings of the human brain, how to recognise your feelings and emotions and invited the adult audience to join them in a range of mindfulness practices.



SCHOOL DINNER MENU

The new school menu is now available to view on our school website. This menu will start on Monday 24th February (Week A).

<https://www.gothicmede.org.uk/schoolmeals>

BIKEABILITY

A huge well done to all the Year 4 students who took part in our Bikeability course today. As part of the course the children were able to develop essential cycling skills, learn valuable road safety awareness, and increase their confidence while riding their bikes. Thank you to the Bikeability instructors and staff for their guidance and support.



We're Hiring!
Call us today!
01462 732168

BEST Nurseries

BEST Nursery Arlesey

Apply today and take the first step toward a rewarding career with us!
How to apply: Contact the nursery for more information, or apply online at www.bestnurseries.com

Qualified and unqualified positions available

UPCOMING EVENTS

Wednesday 5 th February 9am – 10am	SEN Coffee Morning
Friday 7 th February	Numbers Day
Thursday 13 th February 2:45pm	Year 2 Assembly Parents Welcome

Golden Book

Children are nominated by Teaching Assistants and Teachers for a Principal's award which is entered in the Golden Book. The award can be for living one of our Values or special achievement. Sporting awards/achievements gained through a regular commitment to a club or group are also celebrated.

Ash	Sam for his increased confidence with his writing. Sam is demonstrating a much more 'can do' attitude!
Oak	Phoenix for his hard work and enthusiasm during maths lessons. Phoenix always participates and shares his ideas.
Beech	Atlas for the pride he took in creating a beautiful piece of number artwork using primary and secondary colours
Elm	Mason for trying his best this week. Mason has been focused when on the carpet and completing tasks. He has shared many fantastic ideas during class discussions.
Willow	Isabelle for her brilliant diary entry that she independently wrote based on the Great Fire of London.
Maple	Lottie for always showing a sensible attitude towards her learning, always trying her hardest to do her best.
Chestnut	Lola for her resilience and determination to do her very best in her learning and for always showing kindness and compassion towards others.
Sycamore	Luke for his fantastic contributions to our learning in science and history.
Birch	Max for his enthusiastic use of Spelling Shed and supporting others in how to use it.
Hazel	Bahir for his super focus, neatness, hard work and effort in his English work/story.

REPORTING ABSENCE

If your child will be absent from school, we kindly ask that you inform us **before 8:45AM**. To ensure we can account for all students, please follow the guidelines below:

How to Report an Absence:

- **Phone:** Call the school office on **01462 732002** to inform us of your child's absence.
- **Email:** Alternatively, you can email **GMA-office@bestacademies.org.uk** with details of the absence.
- **Reporting absence via ParentMail:** Please provide a detailed reason for the absence.

If your child experiences **vomiting or diarrhoea**, they must remain at home for **48 hours after their last symptom** before returning to school.

CELEBRATIONS

Evan received a trophy for his fantastic performance at Laser Tag!



Web Site: www.gothicmede.org.uk

Email: GMA-Office@bestacademies.org.uk

Facebook: [@gothicmede](https://www.facebook.com/gothicmede)

Twitter: [@GothicMede](https://twitter.com/GothicMede)