|  |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 4 \\ & \square \\ & B \\ & B \end{aligned}$ |  | Pork meatballs in tomato sauce Vegan ball in tomato sauce | Cheese pizza Vegetable pasty | Fish fingers Cheese quiche | Roast gammon with sage \& onion stuffing Vegetable burrito | Beef burger in a bun Quorn burger in a bun |
|  |  | Spaghetti | Penne pasta | Saute potato | Roast Potatoes Mashed Potatoes | Oven baked chips |
|  |  | Mixed vegetables or Salad bar | Baked beans or Salad bar | Garden peas or Salad bar | Diced carrot or Green beans | Corn on the cob or Salad Bar |
|  |  | Thick \& creamy yoghurt or Fresh Fruit Pot | Shortbread biscuit or Fresh Fruit Pot | Blueberry \& lemon slice or Fresh fruit pot | Cinnamon rice pudding with raisins/honey or Fresh fruit pot | Chocolate orange cookie Fresh Fruit Pot |
|  |  | Fish fingers Cheese omlette | Pork sausage Vegan sausage | Cheese pizza Ham salad ** | Sausage wrapped in bacon \& Yorkshire pudding Vegan sausage | Chicken nuggets Vegetable nuggets |
|  |  | Diced potato | Mashed potato | Penne pasta | Roast Potatoes or Mashed Potatoes | Oven baked chips |
|  |  | Garden peas or Salad bar | Baked beans or Salad bar | Sweetcorn or Salad bar | Sliced carrots or Brocolli florets | Baked beans or Salad bar |
|  |  | Carrot cake or Fresh fruit pot | Thick \& creamy yoghurt or Fresh fruit pot | Strawberry yogurt cake \& pink custard or Fresh Fruit Pot | Semolina pudding with honey/raisins or Fresh fruit pot | Iced sponge or <br> Fresh fruit pot |
| M$\frac{1}{1}$$B$ |  | Ham wrap with crisps and cucumber | Tomato and basil pasta Ham and cheese toastie | Spanish style chicken Jacket potato with barbeque beans | Roast turkey, gravy \& sage and onion stuffing Vegan fillet | Sausage Roll Cheese \& Onion Roll |
|  |  | Jacket potato with cheese and tuna \& mixed salad ** | Potato wedges | Brown rice | Roast Potatoes Mashed Potatoes | Oven Baked Chips |
|  |  |  | Corn on the cob or Salad bar | Mixed vegetables or Salad Bar | Vegetable medley | Baked Beans Salad Bar |
|  |  | H/M Apple crumble \& custard or <br> Cheese and crackers | Thick \& creamy yoghurt Fresh Fruit Pot | Fruit flapjack or Fresh Fruit Pot | Strawberry mousse or Fresh fruit pot | Vanilla ice cream with chocolate sauce or Fresh fruit pot |

** Includes Carbs
H/M = Homemade
MSC = Marine Stewardship Council Certified sustainable seafood
Salad available daily

