



Newsletter No. 4

Pride in ourselves, pride in our school, pride in our community.

Friday 12th May 2023



Healthy Living Day

The children had a healthy living workshop day, finding out about all aspects of what makes a healthy lifestyle. The children had activity stations including delving into the human body (quite literally!) and using a t-shirt with AR technology – it was mind blowing! They also explored different emotions in order to understand mental health and wellbeing. They used puzzles to explore different fruits and vegetables and understand the importance of getting five a day, and watched a short DVD to discover new ways of keeping fit and active. They explored the function of organs and bones, used life-like foods to discover what a balanced diet is all about and played different games to discover where food comes from and how it grows. Finally, they explored how much sugar is in different foods and drinks and assessed their tooth-brushing technique to improve their personal hygiene. The children loved their busy day learning lots of new facts and finding out about healthy living.



School Reception

A reminder that school reception opens at 8.30am to 4.30pm. Please feel free to contact the school by email or phone around these times.

Email gma-office@bestacademies.org.uk

Phone 01462 732002

Warmer Weather

In preparation for the warmer weather, please can you ensure that your child has a sun hat in school every day. Please also apply suncream in the morning before school.

Food Parcels

We are aware that many families have been impacted by the cost of living crisis and as a school we would like to be able to help families in any way we can. One way we are able to provide support is by making referrals to the NEED Project. The NEED Project are a local charity who provide food parcels to individuals, couples and families. To make requesting a food parcel as easy as possible we have sent up a form on our website which you can complete to request a food parcel. Our Family Support Worker, Mrs Milligan, will be making referrals to the NEED Project every Wednesday afternoon, so if you would like a food parcel please complete the form before Wednesday lunchtime. For every week you would like a food parcel you need to complete the form as the NEED Project do not take ongoing referrals, but need a new form for each parcel.

You can find the form here on our website, or by going to <https://www.gothicmede.org.uk/> and then Parents > Family Support and there is a link on the right hand side of the page entitled 'NEED Project referral'.

If you are struggling and would like further support then please get in touch with Mrs Milligan either by calling 01462 732002 or emailing GMA-support@bestacademies.org.uk

Arlesey Community Larder

The Arlesey Community larder normally opens for basics and food rescue (predominantly bakery goods) on a Wednesday morning from 9-10am in the MUGA pavilion (by the outdoor gym). Arlesey residents are welcome to go along if they would like this support. School can also make referral to the Arlesey Community Larder for food parcels. If you would like a parcel please email Mrs Milligan on GMA-support@bestacademies.org.uk

Movie Night

The PFGM are excited to be holding another movie night on Friday 19th May, straight after school, showing The Queens Corgi! Payment should be made via Parentmail and costs £3.50 per child, which includes entry to the movie and a bag of popcorn. Payment will secure your child's place. Pick up from school will be at approximately 5.20pm. Children are invited to bring a cushion to sit on and/or a teddy to snuggle up with.



Golden Book

Children are nominated by Teaching Assistants and Teachers for a Principal's award which is entered in the Golden Book. The award can be for living one of our Values or special achievement. Sporting awards/achievements gained through a regular commitment to a club or group are also celebrated.

Ash	Nelly	for her amazing contribution in maths, sorting objects using different criteria.
Oak	Maya	for a consistent positive attitude towards her learning and collaborative play with other children.
Elm	Tara	for continued enthusiasm for learning and consistently high standard of presentation of her work.
Beech	Elara	for trying really hard to hear all the sounds in the words that she writes and for using ambitious vocabulary in her story writing.
Willow	Dexter	for thinking up detailed sentences in English and for being able to write these down correctly.
Maple	Leah	for the pride she takes in the presentation of all of her work and the fantastic focus she has shown when learning about fractions.
Sycamore	Tristan	for his enthusiasm for, and engagement with, the Year 3 Cricket festival.
Chestnut	Evie	for her hard work in English, learning about all of the features of non-fiction writing and working hard to produce a non-fiction piece on space.
Hazel	Rhozie	for her consistency towards the pride that she displays in her work and in her friendships.
Birch	Amelia	for her persuasive text about PGL which successfully used fronted adverbials and positive language.



Other awards to mention

Tidy Ted

Hazel Class for keeping the desks tidy and floor rubbish to a minimum.

Other awards to mention

Well done to Scarlett and Harmony from Maple Class. Scarlett and Harmony had their hair cut and have donated 12 inches of hair each to The Little Princess Trust. They have raised £270 alongside their hair donation to help this amazing charity.

Pen licences:

Well done to Sophie, Micaiah and William from Hazel Class for gaining their pen licence.

Well done to Amber from Chestnut Class who received her Gymnastics Level 5 and 6.

Web Site:

Email: GMA-Office@bestacademies.org.uk

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