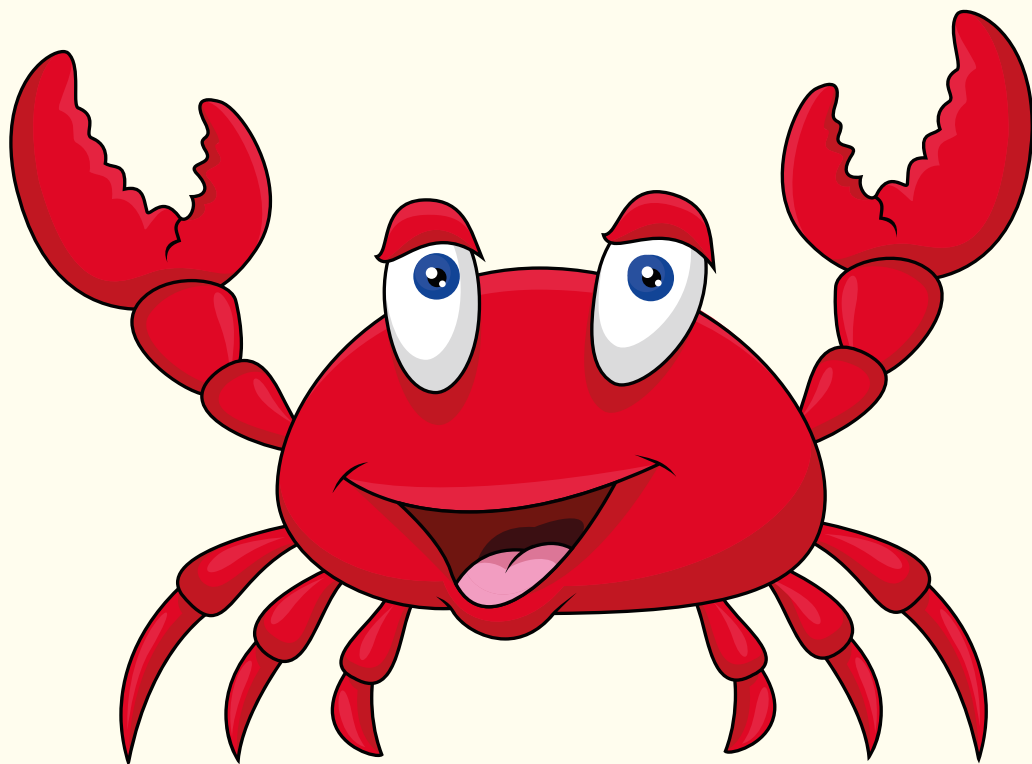


**KEVIN THE KANGAROO SAYS:
“JUMP UP AND DOWN.”**



Two-footed standing
jump with waving arms.

**COLIN THE CRAB SAYS:
“WALK SIDEWAYS.”**



Take side steps one
way, then the other.

**FRAN THE FLAMINGO SAYS:
“STAND ON ONE LEG AND
NOW THE OTHER LEG.”**



Balance on left foot, then
balance on right foot.

**CHARLIE THE CAT SAYS:
“STRETCH UP AS FAR
AS YOU CAN.”**



Stretch up and try and
touch the ceiling.

**CORA THE COW SAYS:
“MILK A COW.”**



Move arms up and
down in milking action.

**SACHA THE SNAKE SAYS:
“SLITHER ALONG THE
FLOOR.”**



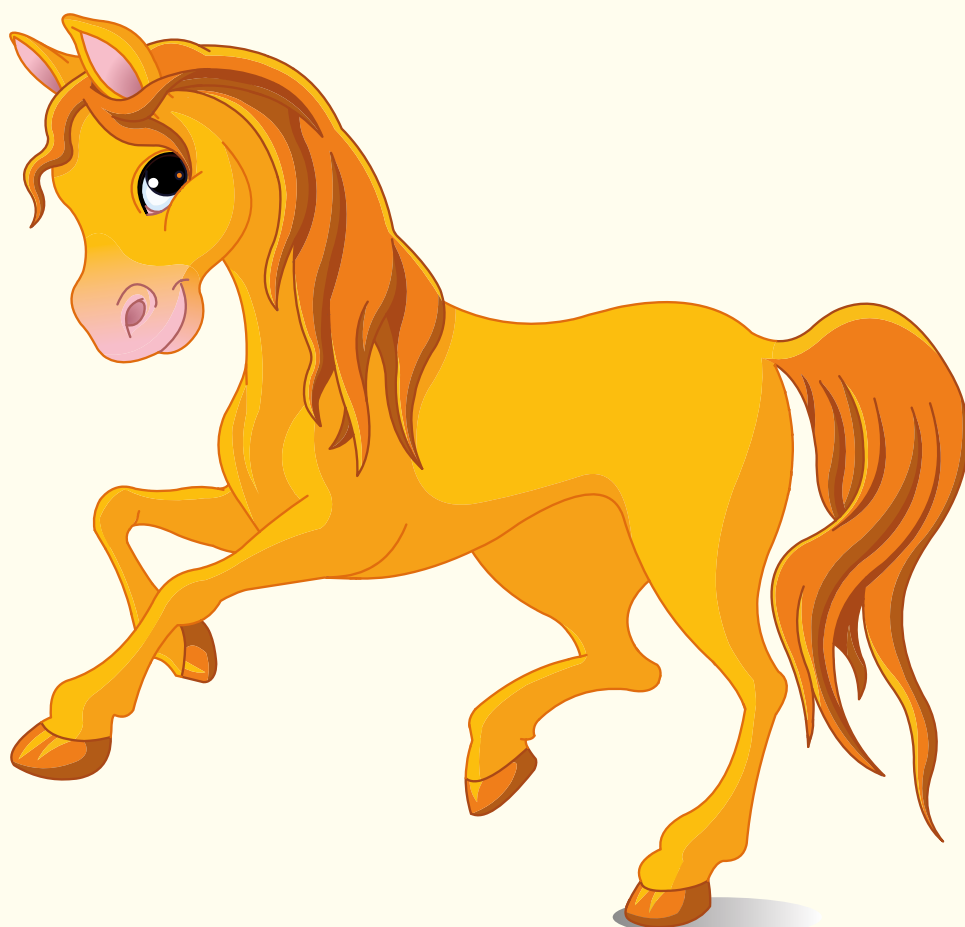
Lie down and wriggle
along the floor.

**BORIS THE BEAR SAYS:
“WALK ON ALL FOURS.”**



Move around on
hands and feet.

**HANS THE HORSE SAYS:
“TROT AROUND THE ROOM.
NOW GALLOP.”**



Jog, lifting knees high
then run faster.

**OLGA THE OSTRICH SAYS:
“TAKE GREAT BIG STEPS.”**



Take long strides
around the room.

**ENOCH THE ELEPHANT SAYS:
“LIFT ME UP.”**



Pretend to lift up a
heavy object.

**FATIMA THE FROG SAYS:
“HOP UP AS HIGH AS
YOU CAN.”**



Hop on one leg, then
on the other leg.

**PEDRO THE PUPPY SAYS:
“CHASE YOUR TAIL ROUND
AND ROUND.”**



Spin around on
the spot.

**PIPPA THE PENGUIN SAYS:
“WADDLE FROM SIDE
TO SIDE.”**



Stand straight and tilt
from left to right.

**BILLY THE BLACKBIRD SAYS:
“FLAP YOUR ARMS UP
AND DOWN.”**



Raise arms up and down,
palms facing down.